

Welcome to UVAC

SPLASH CAMP



Summer 2022

Dear Splash Camp Families,

We are excited to see your kiddos this summer! We hope you will read over this letter and take some time to discuss our routines and procedures with your camper(s) so as to help them know what to expect!

Camp Hours are 8:00am - 4:00pm with pre-registered Aftercare is until 5:00pm

Check in: 7:55 - 8:15 am (NOTE: Level 5/6 Swim Lesson starts at 8:30!)

Please enter UVAC via the front door. Let the Welcome Desk know you are here for Splash Camp and then proceed to our Welcome Table in the foyer.

Pick up:

Half day campers will be picked up at noon in the lobby!

Full day at 4:00 pm Outside at our tents... please park in the first parking lot and walk toward and then beyond "BE FIT Physical Therapy". Our tents are behind the building. Please no cars back to the tents, as children are always playing!

****Aftercare at 5:00 pm (Aftercare must be pre-registered)**

Tent pick-up location

Please Note: if it is a **rainy afternoon** pickup will be in the lobby at 4pm. And in that case, **Aftercare campers** would then need to be picked up from our Splash camp room by the big yellow slide.

We are so pleased about two new additions to our Splash Camp this year! We have a Gaga Pit, built by our UVAC friend and photographer Beto!* Plus a wonderful adventure park at the bottom of our campus trail. The adventure park is still a work in progress, but through the gracious help of our friend “Downtown” Brown and his enlistment of the 11th grade Natural Resource Class at the Hartford Area Career and Technology Center, we’ve cleared a lovely area, started two TeePees... have been given two hammocks; a fort is in process, as well as a low ground leaping course and a low ground slackline. This area is also being treated organically every 21 days for ticks. So we’re very excited about the shaded imaginative play this space will provide for our campers!

We have a lovely and caring staff lined up, chosen for their giftedness for working with children! They gathered in early June for orientation along with Red Cross CPR and First Aid training!

Great friends and great adventures await your camper! So welcome to all of our old and new friends for a fun and meaningful camp experience.

Thank you so much for the privilege of serving your children!

~ [Karen](#) and [Kana](#)

*PS: *(Beto is a great photographer for family portraits as well as a wonderful carpenter... If interested, please reach out to me and I'll connect you! ~ Karen)*



Daily Sample Schedule

7:55 - 8:15 **Morning Drop off:** Please use UVAC's front door and proceed to the check in welcome table in the foyer.

8:00 - 8:30 Morning Free choice / change to swimsuit

8:30 - 10 Swim Lessons and Free Swim

10:00 Change from swimming and prepare for snack time

10:15 **Snack** (Please bring a snack from home)

10:45 Craft time / outdoor camp games

11:45 Clean-up

Noon Pick up for half day campers from lobby

12:00 **Lunch** (Please bring your own lunch from home)

12:45 Afternoon activities include: Outdoor Play / Free time play

1:30 Change for Free Swim (1:30 in comp pool - flotation devices provided)

2:00 Group moves to warm pool

3:00 Change into dry clothes

3:20 **Snack** (Please bring a snack from home)

3:30 Choice time / optional handwork project

4:00 Pick Up at our tent site for Full Day Campers*

5:00 Aftercare Pick Up (must have been pre-registered)

Please pick up your child from our tent site *unless inclement weather.

Please be aware that we are **not** a nut free program, however we encourage folks to plan on snacks and lunches without nuts to ensure that children with food allergies have limited exposure. If your child does have a food allergy please make sure that you make special mention of that at check-in. We want to make our counselors aware of any special care needed.

What to Bring to Splash Camp

Please **label** as much as possible

and

Please **no glass containers!**

- Come to camp in comfortable play clothes
- Bring a backpack to carry all your items
- Swimsuit (please no bikinis)
- Two towels are helpful!!!**
- Goggles**
- Pool shoes or flip flops (water shoes help prevent scuffed toes in the lazy river!)
- BRING SNEAKERS!** NO sandals on our Wednesday hike or in our adventure park!
- Water Bottle**
- Snacks** enough for after swimming in the morning and in the afternoon!
- Bring Lunch** for full-day campers
- Extra hair bands suggested for children with long hair
- Toiletries including mild soap, and hand or body lotion if desired...**
- SUN Screen**
- Bug Spray**

Please no electronic devices or valuables.

Other than a show and tell item, we discourage toys from home as they often lead to misunderstandings and hurt feelings.

May we stress that each child should bring a refillable water bottle and a pair of his or her own goggles!!! Thank you!

Important Information and Policies

General Camp Information

- Splash camp is intended for children 6-10 years.
- We are **not** a nut-free facility or program.
- We no longer have purchasable lunch service
- Any medication that your child needs must be presented to Sue Belisle or Kana at morning check-in. Children must be able to administer medications themselves (in other words; we can't administer shots. We can open a medicine bottle, but the child must be able to drink a liquid or swallow a capsule on their own) Please review with Kana / Sue any instructions. In most cases medication will be kept in Karen & Kana's office until lunch or specified time. Please also let us know if your child needs assistance and/or reminding to take medication.

Drop-Off and Pick-Up

- Children should be dropped off between 7:55am and 8:15am. Each child must be checked in by a parent or guardian.
- Half day campers should be picked up by 12 noon in the lobby. Full day campers must be picked up by 4:00pm. Pre-registered Aftercare children must be picked up by 5pm. Each child must be checked out by an authorized parent or guardian..
- A child will not be released to anyone without written consent from a parent or guardian. If someone tries to pick up your child without written consent, you will be contacted immediately.

Aftercare

- For staffing reasons, we can only accept pre-registered children into aftercare (until 5pm)

Illness

- If your child is sick and contagious, please do not send him/her to camp.
- Children with a fever over 100 will be sent home right away and must remain home until they have been fever-free for 48 hours with no medication.
- Any child who is experiencing vomiting, severe nausea, diarrhea, and/or other similar symptoms, will be sent home and must remain home until symptoms have not returned in 24 hours with no medication.
- No refunds will be given for days missed due to illness. If a child misses more than 50% of the camp week, the option of coming to a different week is possible if there is available space, but this is not guaranteed.
- We are a mask optional facility.
- If a case of Covid does occur in our camp we will inform you, but any specifics would be restricted by HIPPA privacy regulations.

Lost/Misplaced Items

- The Upper Valley Aquatic Center is not responsible for any lost, misplaced and/or broken items. It is strongly recommended that all valuable items are left home. Please do not bring any electronic items such as handheld gaming devices, cellphones, i-pods, etc.
- Please check our Splash Camp lost and found daily! After Friday remaining items go into our general lost and found.

Behavior Policy

In order to provide the highest level of safety and as much fun as possible for each individual camper, we expect children to be respectful to the counselors and to each other. We would ask you to instruct your child to communicate with the counselors challenges or concerns they are having with another camper. We like to work with the children in real time to help problem-solve conflicts. If there are difficult issues we can't remedy we will call the parent or guardian to be included in a plan for remedy.

If jointly, we really can't solve the problems and the behavior continues to be problematic, the camper will be removed for the remainder of the session and subsequent sessions he/she is signed up for. The parent/guardian will be called to pick up the child immediately. No refund will be given for the current session the child is enrolled in.

Swim Lesson Placement

In the morning children will participate in a swim lesson based on his/her abilities. If we are not sure of their placement, we will offer an assessment on Monday morning just prior to lessons. This test benefits the child so he/she does not struggle during a lesson nor is placed in a class that is not challenging enough.

Swim Test for Competition Pool

For afternoon swimming in our competition pool we require a life jacket or floatie to be worn by children in Levels 1, 2, 3 and 4. A swim test is available for a child in Level 3 or 4 who wishes not to wear a floatation device. Swim Test Includes: 3 fully submerged bobs without holding the side of the pool. 25 yard swim without holding the side of the pool or lane lines. 30 seconds of treading water. Roll over to sustained backfloat.

Contact Information

If you need to speak to someone during camp hours, please take the following steps:

- Contact our Welcome Desk at 802-296-2850 to explain the situation. One of our Welcome Desk staff will take the message to the appropriate staff member. **(Please know I am not often by my phone...so a message at the Welcome Desk would get to me sooner than a message on my phone)**
- For inquiries/questions/etc contact Karen Cox at 802-296-2850 ext 106 or email kcox@uvacswim.org. Or Kana Wyman kwyman@uvacswim.org