

# Welcome to UVAC

## SPLASH CAMP



Dear Splash Camp Families,

Welcome Summer 2021 World Tour Splash Camps!

We are excited for this journey with your children; each week exploring a different corner of this vast planet we live on!

As we move into a new era of Covid related precautions, the children in our camp are still under the age of approved vaccinations and therefore still vulnerable in a way that we want to err on the side of caution. Hand washing and disinfecting touchable things will of course take place. Even though the mask mandate has been lifted for vaccinated adults, we will still be requiring everyone under the age of 11 to wear a mask in our building. I'm happy to report that all of our counselors are all fully vaccinated well beyond the 14 days from their completed vaccines! We are finding it helpful for them to be able to speak with your children and show their faces. For outdoor activities, we hope to create some times where the children can play, be distanced and be unmasked as well. The good news is that we were successful in doing all of this last year, and as with all things, practice and habit makes future success that much easier! We'd still love for you to discuss these details with your children before their first day. This will help them

to know what to expect, as we need to enlist every family's cooperation in this plan, for healthy and happy camps!

**Check in : 7:55 - 8:15 am**

Please use UVAC's main front door.

As you enter please let folks at the Welcome Desk know you are here for Splash Camp and then proceed to our Welcome Table in the foyer.

For all who come to UVAC, we will continue to ask this question: "Are you experiencing any symptoms?" (shortness of breath, cough, sore throat, aches, chills, and or a temperature)

At our table we will ask this question and take your child's temperature.

We will then take your child's lunch order if applicable and on Monday, find out from you if you would like to allow your child some spending money for snacks. We will register your preferences, ensure you have a credit card on file\*, and then send your camper to their Splash Camp Group. (\*more information about a snack account on page 5)

**About Masks:** We are asking the children to wear a cloth mask at all indoor times (except when in the pools). 🧐

When outdoors, children may remove their masks if they can be socially distanced.

## **Camp Rooms:**

We will be using 2 rooms for Splash Camp this summer: Our **Splash Camp Room** aka “H2O Room” off the warm water pool deck and **Sun Camp Room** (aka our former KidZone room- down our main hall).

## **Pick up:**

**Half Day pick up is at noon.** Please come into the building through the front doors and pick your child up at his or her camp room.

**Full Day pick up is at 4:00 pm**

**Aftercare until 5 pm (must pre-register)**

Unless raining, for afternoon and aftercare pick up, we ask you to park in the first parking lot, look for the orange Splash Camp Sign and then walk behind “BeFit Physical Therapy” to the tent locations. One of our counselors will sign you out!

We’re excited to have a great crew of counselors and volunteers this summer, and we can’t wait to greet your kiddos:)

Thank you so much for the privilege of serving your children!

[Karen](#) and Kana

(PS: Kana has done the lion’s share of camper registration and correspondence this year, for which I’m forever grateful! She is now visiting family in Japan until school starts in the fall. Please direct all emails to my inbox or voicemail please!)

## Daily Sample Schedule

7:55 - 8:15 **Morning Drop off:** Please use UVAC's front door and proceed to the check-in table

8:20 - Change clothes for swim lessons \*It's a great idea to send your child in their bathing suit under their clothes... I know they will appreciate you making sure their underwear is packed!

**8:30 - 9:55** Swim Lessons and Free Swim

10:00 Change from swimming and prepare for snack time

**Snack:** Bring a snack from home or open a pre-authorized snack account

10:30 - 12 Craft time and possible outdoor camp games or a camp hike on Wednesdays

**Noon** Pick up for half day campers:

Parents please pick up your children from their camp room.

12:15 **Lunch\*\***

12:45 Change for Free Swim

1:00 - 1:30 Comp pool Free swim

1:30 - 2:45 Warm pool Free swim

2:45 ~ Change into dry clothes

3:00 ~ **Snack** (Bring a snack from home or open a prepaid snack account

3:30~ Choice time

**4:00 Pick Up - Parents please park your car and come to our outside tents to pick up your child. Tents are behind the Be Fit end of our building. Look for Orange Splash Camp Flag!**

**5:00 Aftercare Pick Up (must pre-register) outside tent or H2O room.**

## Lunch and Snack Accounts

### Lunch add-ons and Snacks:

On Monday morning, if you would like to approve the amount of lunch or snack money your child may spend, we will log your preferences. You can see a refreshed log every morning when you check-in. At the end of the week we will post the amount your child spent to their account, charge your credit card on file, and email you an automated receipt.

**Please Note: No cash can be taken at check-in.**

### Available to purchase:

**Lunches \$6 ea / Snack Account / TYR Youth Goggles (our \$15 model)**

### Menu: By Poolside Cafe

**M/W/F:** Turkey Sandwich, Ham Sandwich or PBJ / Juice / Fruit and Snack

**T/Th:** Pizza / Juice / Fruit and Snack

**A Snack Cart will be brought around each morning and afternoon from which purchases can be made. Most items are \$1**

**Lunches will be delivered to your child. Specific Choices may be decided upon each morning... Please note, the only choice on Tuesday and Thursday is pizza 🍕 or a PBJ**

### Snacks:

Poolside Café will have a variety of snacks, juice boxes and small Gatorades available for \$1/each. Chobani Yogurt and Chobani Yogurt Flips are sold for \$2... **Ice cream treats (only sold Friday afternoons) cost \$1 - \$2**

Please be aware that we are **not** a nut free program, however we encourage folks to plan on snacks and lunches without nuts to ensure that children with food allergies have limited exposure. If your child does have a food allergy please make sure that you include that on your registration form so we can make our counselors aware of any special care needed.

**What to Bring to Splash Camp**  
Please **label** as much as possible  
and  
Please **no glass containers!**

- Extra mask
- Come to camp wearing your suit under comfortable play clothes... with a mask on!
- Bring: underwear for changing into after morning lessons.
- Bring a backpack to carry all your items
- Swimsuit (please no bikinis)
- 2 TOWELS!!!** (One will hang to dry between swim times, the other for sitting on)
- Goggles**
- Pool shoes (helpful in the lazy river, must be clean) or flip flops
- Sun Screen and Bug Spay
- Water Bottle**
- Snacks from home** or pre-approve spending at Poolside Café (Two snack times for full day campers - frozen treats available for \$1-\$2 **on Friday afternoon!**)
- Pack a Lunch** for full-day campers who are not planning on purchasing their lunch
- Extra hairbands suggested for children with long hair
- Lotion and other toiletries of your choice
- Sneakers ( Especially Wednesday hike day)

Please no electronic devices or valuables.

Other than a show and tell item, we discourage toys from home as they often lead to misunderstandings and hurt feelings.

May we stress that each child should bring a refillable water bottle and a pair of his or her own goggles!!! Thank you!

# Important Information and Policies

## General Camp Information

- Splash camp is intended for children 6-10 years.
- We have 2 Camp Rooms
- Everyone who comes to UVAC is temperature tested.
- We will wash hands frequently!!!
- We are **not** a nut-free facility or program.
- Any medication that your child needs must be presented to Sue Belisle at morning check-in. Children must be able to administer medications themselves. Please review with Sue any instructions. In most cases medication will be kept in Karen's office until lunch or specified time. Please also let us know if your child needs assistance and/or reminding to take medication.

## Drop-Off and Pick-Up

- Children should be dropped off between 7:55am and 8:15am. Each child must be checked in by a parent or guardian.
- Half day campers should be picked up by 12 noon. Full day campers must be picked up by 4:00pm. Pre-registered Aftercare children must be picked up by 5pm. Each child must be checked out by an authorized parent or guardian.
- Any authorized pick-up parent or guardian must be prepared to show a valid ID at any time.
- A child will not be released to anyone without written consent from a parent or guardian. If someone tries to pick up your child without written consent, you will be contacted immediately.

## Late Pick-up Fees

- Please understand that during this season of social distancing we want to keep our camp groups distinct and therefore we can only accept pre-registered children into aftercare (until 5pm)

## Illness

- If your child is sick and contagious, please do not send him/her to camp.
- Children with a fever over 100 will be sent home and must remain home until they have been fever-free for 72 hours with no medication.
- Any child who is experiencing vomiting, severe nausea, diarrhea, and/or other similar symptoms, will be sent home and must remain home until symptoms have not returned in 12 hours with no medication.
- No refunds will be given for days missed due to illness. If a child misses more than 50% of the camp week, the option of coming to a different week is possible if there is available space. This is not guaranteed.

### **Lost/Misplaced Items**

- The Upper Upper Valley Aquatic Center is not responsible for any lost, misplaced and/or broken items. It is strongly recommended that all valuable items are left home. Please do not bring any electronic items such as handheld gaming devices, cellphones, i-pods, etc.
- Please check our Splash Camp lost and found daily! After Friday remaining items go into our general lost and found.

### **Behavior Policy**

In order to provide the highest level of safety and as much fun as possible for each individual camper, we expect children to be respectful to the counselors and to each other. We would ask you to instruct your child to communicate with the counselors challenges or concerns they are having with another camper. We like to work with the children in real time to help problem-solve conflicts. If there are difficult issues we can't remedy we will call the parent or guardian to be included in a plan for remedy.

If jointly, we really can't solve the problems and the behavior continues to be problematic, the camper will be removed for the remainder of the session and subsequent sessions he/she is signed up for. The parent/guardian will be called to pick up the child immediately. No refund will be given for the current session the child is enrolled in.

### **Swim Lesson Placement**

Children are placed in a swim lesson based on his/her abilities. If we are not sure of their placement, we will offer an assessment on Monday morning just prior to lessons. This test benefits the child so he/she does not struggle during a lesson nor is placed in a class that is not challenging enough.

### **Swim Test for Competition Pool**

For afternoon swimming in our competition pool we require a life jacket or floatie to be worn by children in Levels 1, 2, 3 and 4. A swim test is available for a child in Level 3 or 4 who wishes not to wear a floatation device. Swim Test Includes: 3 fully submerged bobs without holding the side of the pool. 25 yard swim without holding the side of the pool or lane lines. 30 seconds of treading water. Roll over to backfloat.



## **Contact Information**

**If you need to speak to someone about your camper during camp hours, please take the following steps:**

- **Contact our Welcome Desk at 802-296-2850 to explain the situation. One of our Welcome Desk staff will take the message to the appropriate staff member. (Please know that I am often not by the phone...so a message at the Welcome Desk would get to the appropriate person sooner than a message on my phone extension)**
- For inquiries/questions/etc contact Karen Cox at 802-296-2850 ext 106 or email [kcox@uvacswim.org](mailto:kcox@uvacswim.org)